

SooFoo™

100% Nutritious
100% Delicious
100% Natural



Baked SooFoo™

A delicious baked take on SooFoo.

5 min prep | 65 min total

Serves 4

Ingredients:

- 1 1/2 cups SooFoo
- 2 1/2 cups water
- 1 tablespoon unsalted butter
- 1 teaspoon kosher salt

Instructions:

1. Preheat the oven to 375 degrees F.
2. Place the SooFoo into an 8-inch square glass baking dish.
3. Bring the water, butter, and salt just to a boil in a kettle or covered saucepan. Once the water boils, pour it over the SooFoo, stir to combine, and cover the dish tightly with heavy-duty aluminum foil.
4. Bake on the middle rack of the oven for 1 hour.
5. After 1 hour, remove cover and fluff the SooFoo with a fork. Serve immediately.